

JamesCare for *Life* presents  
3rd Annual Breast Cancer Survivorship Conference  
Saturday, October 24, 2015  
Fawcett Center

Agenda

8:30 - 9:00 a.m.	<b>Registration/Continental Breakfast</b>	Lobby
9:00 - 9:15 a.m.	<b>Welcome - William B. Farrar, M.D.</b> <b>Introduction of Keynote - Tracy Townsend</b>	Theatre
9:15 - 10:15 a.m.	<b>Keynote Message:</b> <b>Making a U-Turn After a Breast Cancer Detour - Melanie Nix</b>	
10:15 - 10:30 a.m.	<b>Break</b>	
10:30 - 11:30 a.m.	<b>Morning Breakouts</b> <b><i>Nutrition &amp; Fitness</i></b> - Karen Hock & Ashley Harris <b><i>Urban Zen Integrative Therapy</i></b> - Sharon Thomas <b><i>Caregiver Panel</i></b> - Annie Trance, Murv Enders (Married to Tracy Townsend) & Pablo Colon, Erick Zanner <b><i>Spirituality &amp; Blessing of the Hands</i></b> - Kathy Mokos	
11:30 - 11:45 a.m.	<b>Break</b>	
11:45 - 12:45 p.m.	<b>Lunch with Tracy Townsend</b>	Ballroom
12:45 - 1:00 p.m.	<b>Break</b>	
1:05 - 2:05 p.m.	<b>Afternoon Breakouts</b> <b><i>Nutrition &amp; Fitness</i></b> - Karen Hock & Ashley Harris <b><i>Urban Zen Integrative Therapy</i></b> - Sharon Thomas <b><i>Sexuality &amp; Body Image</i></b> - Barbara Andersen <b><i>Genetics &amp; Hereditary Breast Cancer</i></b> - Doreen Agnese and Melanie Nix	
2:15 - 3:00 p.m.	<b>Panel</b> Drs. Bazan, Lustberg, Skoracki, Agnese; Ashley Harris; Carmen Sidani	Theatre
3:00 p.m.	<b>Evaluations</b>	Theatre

**Group Art Activity: 10:15 a.m. to 2:00 p.m. - Exhibit Room/Clinton  
Survivor/Caregiver Resource Table: 10:00 a.m. - 3:00 p.m. - Lobby**

The James